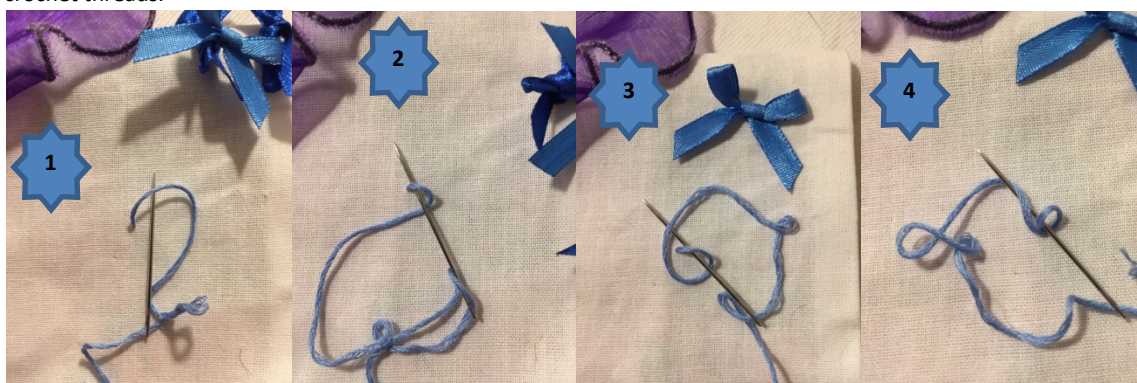# TIPS: Candlewicking – How to create a French Knot.

Note: There is another way of doing this, but I have found , especially for beginners this is the easier way, with causing tangles.

You can either create from the right side (blue Embroidery floss) or left side (red crochet thread) and use a variety of embroidery floss or crochet threads.

Step 1. – Create a loop with your embroidery floss to the right side, place your needle under the loop.
Step 2. – Wrap the thread around the needle.
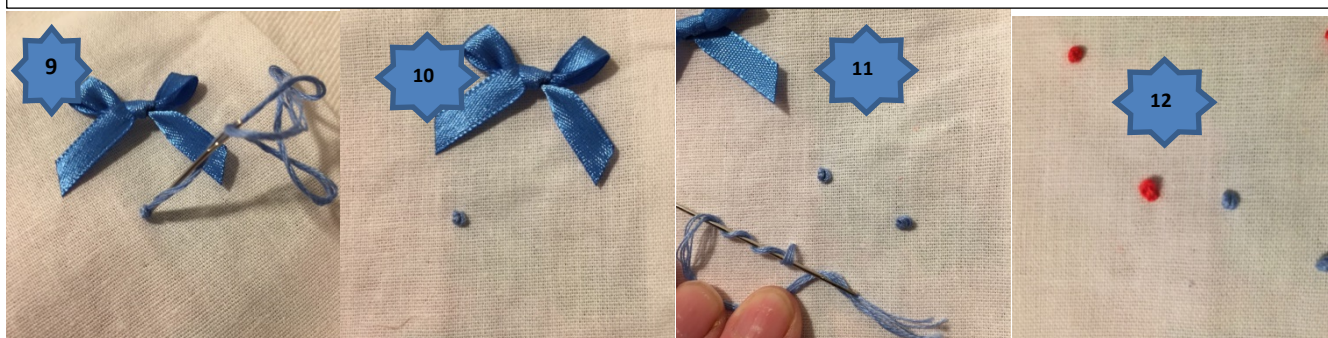Step 3 & 4. – Wrap the thread around the needle again.

Step 5. – Pull your needle through the loops slowly.
Step 6 & 7. – As the loop starts getting smaller, gently place your finger nail on the thread and fabric, so that the loop closes properly and tightly.
Step 8. Pull the thread tight.
Step 3 & 4. – Wrap the thread around the needle again.

Step 9 & 10. – Place your needle through the centre of the knot and pull the needle and thread through to the back.
Finish off by knotting at the back. Continue with Steps 1 to 10 for next knot.
Step 11. The more wraps around the needle the bigger the knot.
Step 12. The French Knot.

Creating a French Knot from the left side and with crochet cotton. The steps are the same.