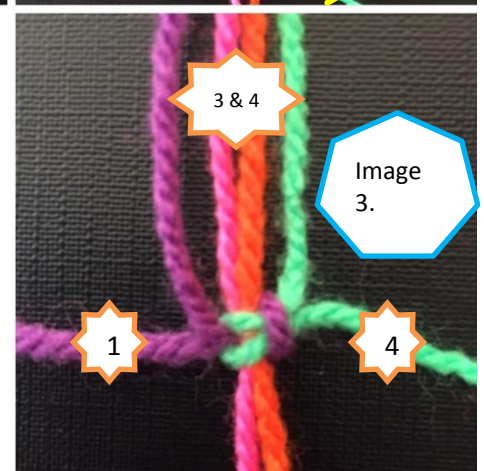
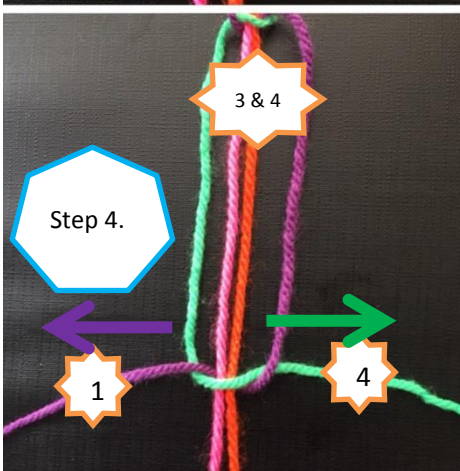
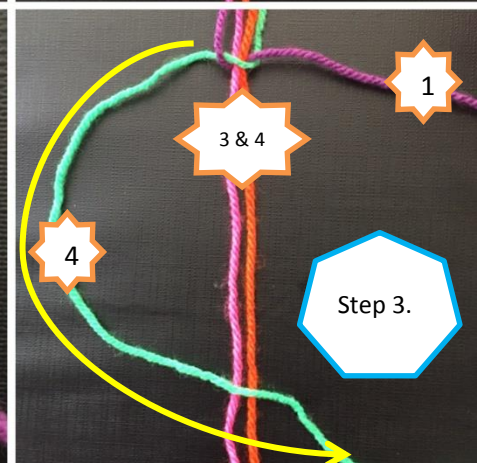
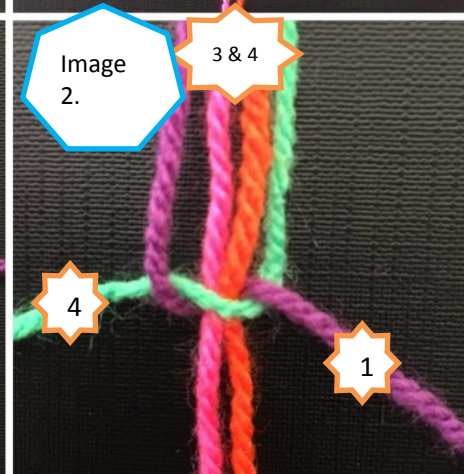
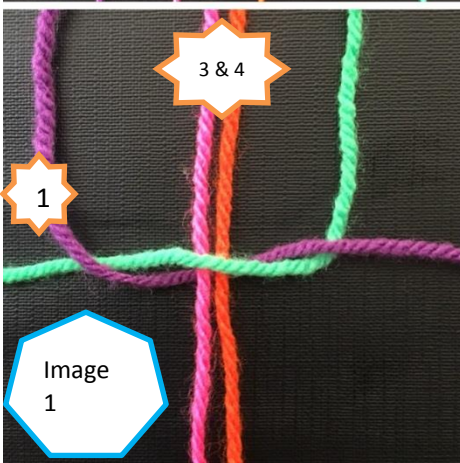
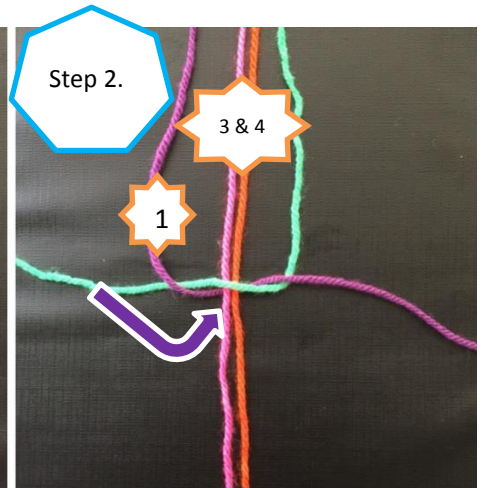
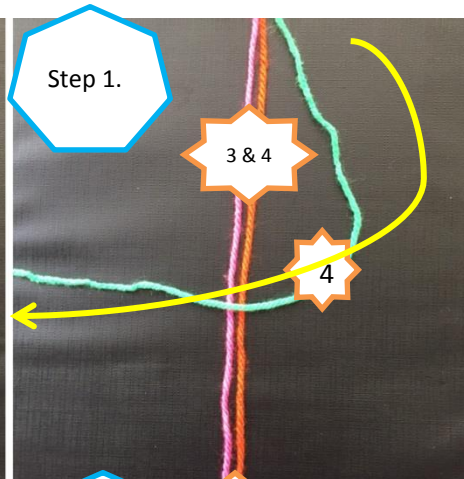
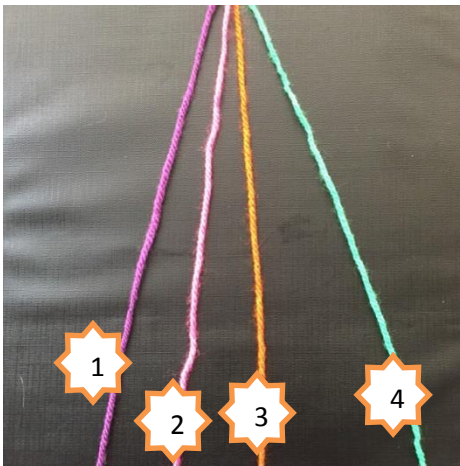


# How to do the Square Knot



\*Rope/twine/cord 1 & 4 are your working rope/twine/cord.

\*Rope/twine/cord 2 & 3 are your filler rope/twine/cord.

\*Will be known as **rope** hereafter.

Step 1.

Take **rope 4** over the top (right to left) and across the filler ropes. (3 & 4). This forms a “loop”.

Step 2.

Take **rope 1** over **rope 4**, behind the filler ropes – 3 & 4 – and then throw the “hoop” created by **rope 4**.

(In other words move rope 1 over rope 4 and under/behind the filler cords and through the hoop).

Pull rope 1 & 4 as shown in Image 1 & 2. Remember to hold the filler ropes to keep them straight.

Step 3.

Repeating Step 1 & 2, but in the opposite direction.

Take **rope 4** over the top (left to right) and across the filler ropes. (3 & 4). This forms a “loop”.

Step 4.

Take **rope 1** over **rope 4**, behind the filler ropes – 3 & 4 – and then throw the “hoop” created by **rope 4**.

(In other words move **rope 1** over **rope 4** and under/behind the filler cords and through the hoop).

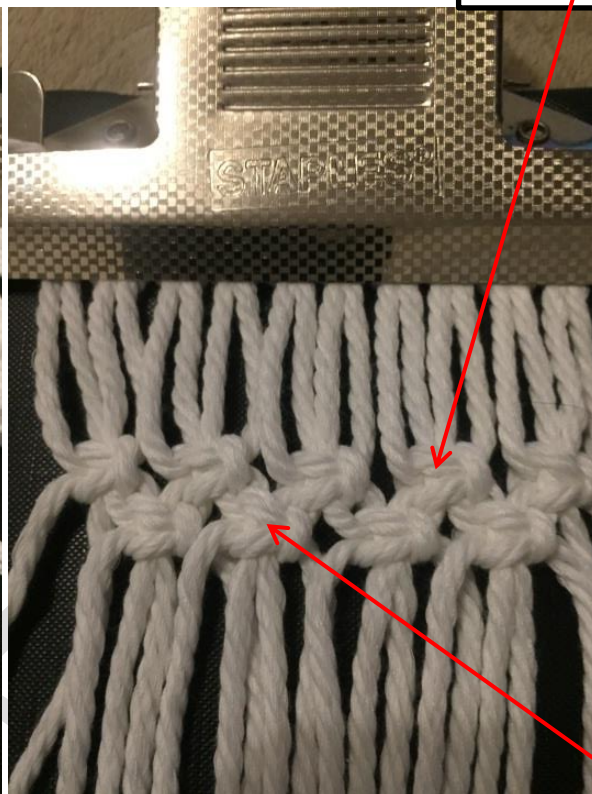
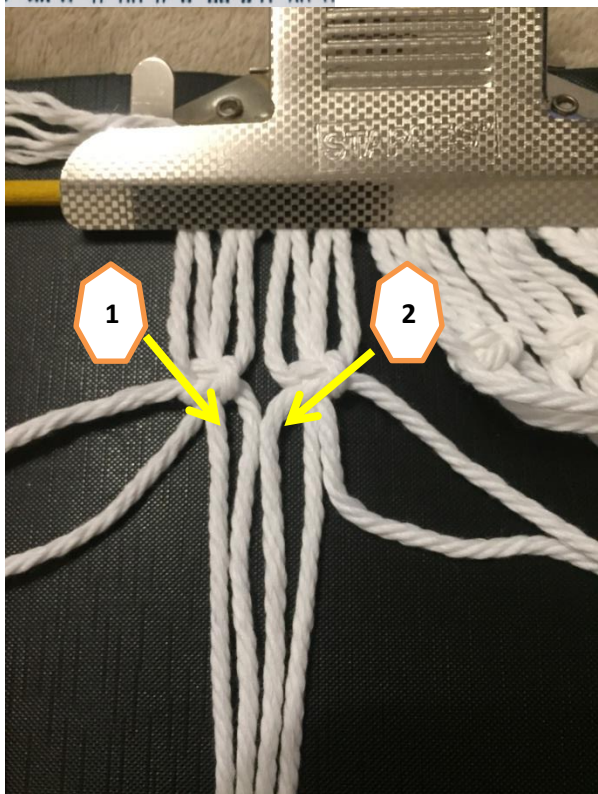
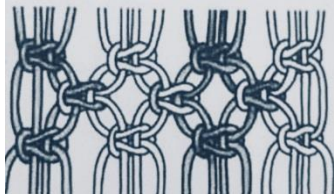
Pull rope 1 & 4 as shown in Image 3. Remember to hold the filler ropes to keep them straight.

You have now created your first square knot. 😊



### Alternating Square Knot.

The next row you will continue with the square knots, but we will be doing the alternating square knot.



1<sup>st</sup> Row Square Knot.

2<sup>nd</sup> Row – Alternating Square Knot.

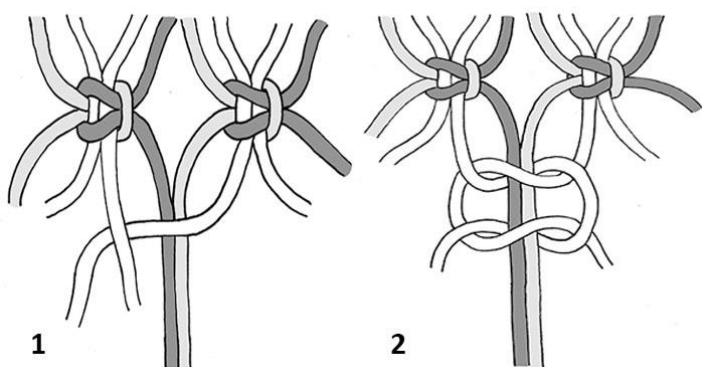


Image Credit - [www.wyza.com.au](http://www.wyza.com.au)

We are still continuing with the square knot, but for the 2<sup>nd</sup> Row, we will not use the 2 outer ropes. You take 2 ropes from Group 1 and two ropes from Group 2 (as shown in the image above) and do the square knot. Continue till the end of the row. When you get to the end you will have 2 loose ropes)

Most macramé knots follow a very similar and you will find the more commons ones, very easy to follow, once you have mastered the square knot.