



SOME PEOPLE WERE BORN TO BE ENGINEERS.

**We were born
to create.**

Please read our T & C's – www.rosamaycrafts.com

DISCLAIMER: Please note this is my very own guideline, there are so many guides and tips, use which one you feel works for you. This tutorial is a guideline, so that when looking for crochet and needles you have some background information.

Please visit www.rosamaycrafts.com for free patterns.

PLEASE NOTE:

All patterns have been created by me through the decades. My crafting skills have been taught by my dear Mamma and dear sister Ang and a lot of self teaching and experimenting. There are so many techniques in crafting, stitches, terminology, advice, etc, the tutorials I have created are my way of crafting, some are fairly standard and others might make seasoned crafters cringe. Find your way to craft, create and enjoy. Please note that this terminology is what I have used in and on my patterns.

2. I do not use a specific brand, but a variety of brands. I love the fact that we have such a wide choice. I am not an affiliate for any particular brand and do not receive commissions or free products.

3. These notes and tutorial are basic notes and advice and is a basic guideline. There is a large selection of tools, yarn/wool, crochet cotton and after a few experiments you will find your preference.

4. All my work is protected by "Protect-My-Work", please do not copy, share or sell any of my patterns. Thank you.

The downloads are free, you can share, but please credit – www.rosamaycrafts.com.

If you have any questions or queries, please email me – nadia@rosamaycrafts.com.



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CROCHET HOOKS AND YARN NEEDLES – BASIC GUIDE

Crochet hooks come in various sizes and are made from a variety of mediums. All types of crochet hooks, work with a large variety of yarn/wool and crochet cotton. I personally mix and match and work with what I feel is comfortable. The diameter of the shaft determines the size. There are 3 types of sizing – Metric; UK & USA. With the online shops, you can buy any size, regardless of what country you are in. If you are not certain, please feel free to message me on Facebook or Instagram or check with your supplier, ask a friend



STEEL & ALUMINIUM

Steel hooks are generally then teeny tiny crochets hooks that are used for intricate and delicate crocheting – doilies. Aluminium crochet hook come in a variety of sizes and are I think the easiest ones to use.



BAMBOO OR WOOD

These are made from Bamboo and Wood, are light in weight, warm to the touch, but the yarn/wool does not slide as easily as the aluminium crochet hook.



PLASTIC

These are made from plastic and are the cheapest to buy. They are the lightest of all crochet hooks. They are not as smooth as the aluminium crochet.



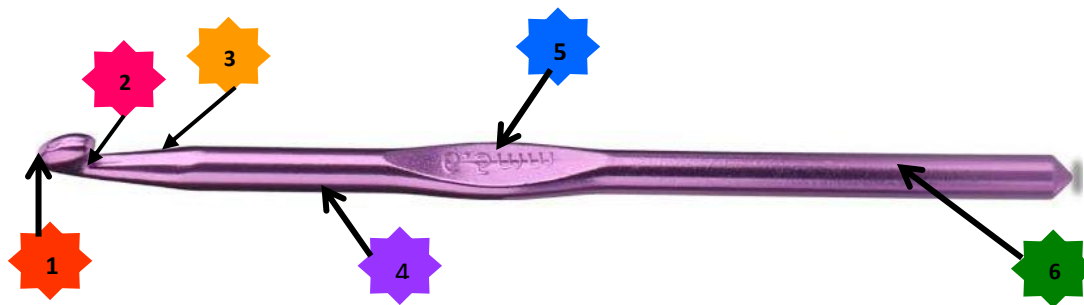
ERGONOMIC

These crochets hooks come with a rubber handle. They have been designed to relieve the stress on the use of your wrist.



Anatomy of a Crochet Hook

1	1 – Head/point – the tip of the hook. This is where your hook first enters your crochet project/pattern.
2	2 – Lip/mouth/groove. This is the part that catches your yarn, so that you can pull through to create a crochet stitch.
3	3 – Throat/neck. This is the part that holds your loops
4	4 – Shaft/Shank – this determines the size of your crochet hook.
5	5 – Grip/thumb rest – Not all crochet hooks have a thumb rest, but if they do, you can rest your thumb on it whilst crocheting.
6	6 – Handle – this is where you hold the crochet hook and it is the longest part of the crochet hook.

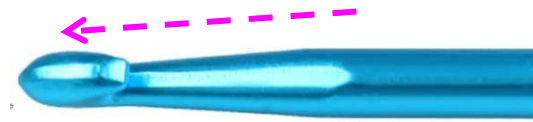


Shape of Hooks

There are two basic shapes in crochet hooks:

1. Tapered hooks

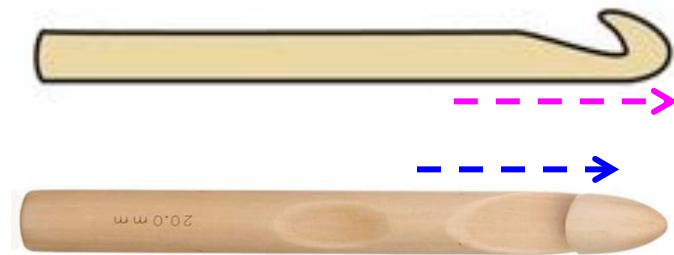
This is where the shaft tapers (gets thinner) towards the head. It is smoother and easier to use as a crochet hook.



The head of the tapered crochet hook is above the shaft and not in line with the shaft.

2. Inline Hooks

The in-line does not taper and is straight from the handle to the head. The head is the same size as the shaft. It has been said that inline crochet hooks are best for beginners, as it helps to create uniform stitches.



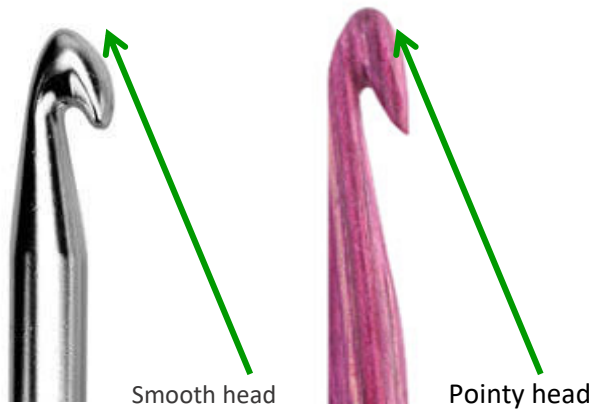
Please note that there is no hard and fast rule about using a tapered or in-line, it does come down to personal preferences. You need to try each shape and decide for yourself.

Head of crochet hook

The HEAD OF A CROCHET HOOK can either be smooth and round or pointy.

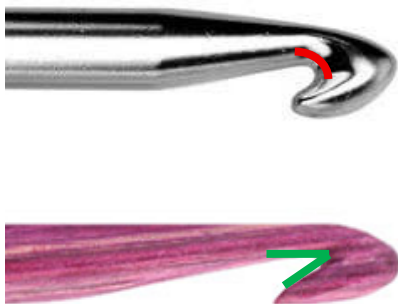
The rounded head is used more when working with yarn/wool, as this will not split the yarn/wool plies.

The pointy head is great when using crochet cotton and creating delicate work.



Groove/lip of a crochet hook

As you can see the 'groove' is shallow (red line) and the other is deep (green line). The deep groove holds the yarn much better than the shallow, especially when using thicker yarn/wool, it tends to slip out.



The Shaft and Crochet Hook Sizes

This diameter of the shaft determines the size of the crochet hook.



CROCHET HOOK CONVERSION CHART

There are larger sizes of crochet hooks for large projects. If you are a beginner, I would get 3 to 5 different sizes and then go from there. The two main sizes I would recommend you buy is a 3/3.5; 4/4.5 and 5 (metric). If you are venturing into the delicate lace world of crocheting, then the smaller sizes are the ones to buy – 2 to 2.75. The type of material will be a personal preference. As a beginner you can buy craft kits - <https://rosamaycrafts.com/product/learn-to-crochet-kit-stitch-tutorial-plus-granny-square-pdf-craft-gift/> or you can buy crochet sets.

METRIC	UK	USA
2.00 MM	14	0
2.25 MM	13	1/B
2.50 MM	12	
2.75 MM	11	C
3.00 MM	11	
3.25 MM	10	D
3.50 MM	9	4/E
3.75 MM		F
4.00 MM	8	6
4.25 MM		G
4.50 MM	7	7
5.00 MM	6	8/H
5.50 MM	5	9/I
6.00 MM	4	10/J
6.50 MM	3	10 ½ /K
7.00 MM	2	
8.00 MM	0	
9.00 MM	00	15/N
10.00 MM	000	P

PLEASE NOTE - WHERE THERE 'BLANKS' – THAT MEANS THERE ARE NO HOOKS IN THAT SIZE.

HOW TO HOLD YOUR CROCHET HOOK

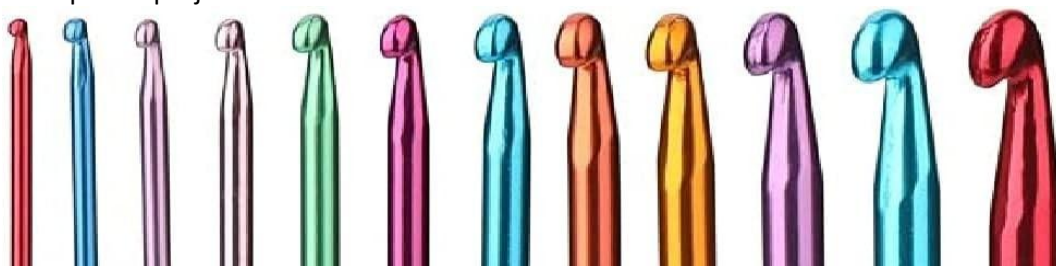
You will find the best way for you to hold your crochet hook. There is no wrong or right way to hold your crochet hook, it is about what is most comfortable and easier for you. There are two common ways to do it.

The Pencil Grip – You hold your crochet hook, exactly as you would hold a pencil.

The Knife Grip – You hold your crochet hook, exactly as you would hold a knife.

TIPS – a few 😊

1. The type of hook, material and shape will be about your own personal preference, what feels good with you, experiment and try the different ones as you crochet more and more.
2. Store and name your hook size. Recycled containers, make-up brush or paint brush holders or great to storage your crochet hooks. When I buy my hooks, I keep them in the plastic packaging, as they are numbered and then place them in my storage container.
3. Have more than one hook in each size. I have often left a project and come back and my crochet has “disappeared”. I continue my project using my spare one and often the “lost” hook reappears.
4. If you do decide on a wooden crochet hook, do not leave it lying around, as pets will chew on it.
5. Always check your patterns, they will guide you as to which crochet hook you will need to buy for that specific project.



The lower the yarn weight the smaller the crochet hook size. For the large size 10 crochet hook, you will use the chunky yarn (burgundy) and for a size 2 crochet hook you will use the thinner lightweight yarn (orange)



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Basic guide to yarn/tapestry needles



For finishing project and weaving in yarn, you will need a few yarn needles, you will find them in plastic, aluminium/metal and wood.

Things to look out for:

1. Make sure it has a large eye, it will be easier to thread your yarn.
2. You will find blunt tips with slight point and rounded tips. Personally I prefer the blunt rounded tip as these don't split the yarn. The needles with a slight bend are great for joining pattern pieces.
3. You will find them in various sizes, the smaller needles for your delicate creations and the bigger for the bigger projects.
4. They are made from metal, plastic and wood, personally I prefer the metal, as I find it slides through the yarn easily.
5. Again all your personal choice, try them or have a few of each in your stash, so that you have a variety for all your different projects and yarn thickness.



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